

how to get brows back in shape

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By Mel Cornford on September 3, 2009 2:46pm

You've tweezed and toiled with your brows too many times and now your arches refuse to grow anything beyond two sparse stripes. Sound very familiar? We enlisted the help of eyebrow expert **Nathan Williams of Parlour B** in Sydney's Paddington for his tips on how to rescue over-plucked brows.

1. Put down the tweezers

Allow brows to grow but not enough for them to become unruly. "You don't want to let the brows grow so they take over the face," Williams says. Once they begin to take shape make an appointment with a brow professional who have an expert eye for creating a shape that's right for you and therefore easier to maintain.

2. Time heals all wounds

Bringing over-plucked brows back from the brink won't happen overnight. "Everyone is different, and unfortunately some might have damaged the hair follicle from over tweezing in the past," Williams says. "But just be patient, some may see an improvement in three weeks, some three months."

3. Careful plucking

Once the hair-growing process is underway you need to banish past plucking techniques. Williams recommends tweezing underneath the arch only, leaving the top to the professionals. "Tweeze down low and let anything closer to the brow to grow back gradually." Taking hairs incorrectly from the top can make the shape look flat leaving you with an unbalanced arch.

4. Stay outside the lines

A handy pre touch-up tip is to carefully shade in the shape to prevent over-plucking. "It's best to fill in the brow with a soft powder before tweezing stray hairs to give an idea of the shape and thickness you're after," says Williams. "Anything that's disconnected from this outline is fine to remove."

5. Accept bold brows are not for all

Hilary Rhoda-inspired arches are still the look du jour but this look won't work (or grow) for everyone. "Definitely a fuller brow is a nicer, softer look but it all depends on the individual and what suits each face shape," Williams says. A brow professional will help make the most of what hair you have. And for where you don't, keep the shape tidy and groomed with **these arch-enhancing accessories**.

Parlour B, 213 Glenmore Road, Paddington. Phone (02) 9331 0728.



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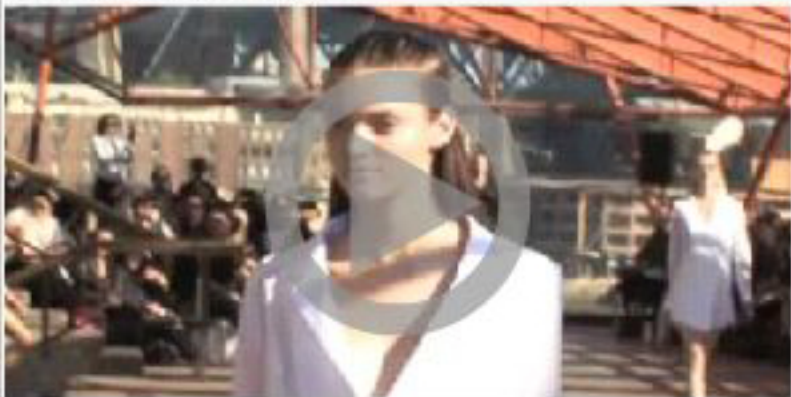
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