## IN – Perfectly tapered arches OUT – Emaciated eyebrows

A bushy brow, once groomed, can make eyes appear more feline and refined. "If a person with thin, overplucked brows, wanted a thicker, more natural shape, I recommend growing a row back at a time, but still tweezing strays. Then, when there's something to work with, I shape brows properly," says Nathan Williams from Parlour B,

Sydney. "Another trick to help brows appear fuller is swapping pencil (which can look waxy) for powder. Simply brush a slightly dark shade of brow powder up through the brow to 'fluff up' the hair and fill in any gaps."



IN – Straight hair with flair
OUT – Victoria's Secret curls

Sure, Miranda Kerr looked like a total sexpot for Victoria's Secret, but enough already of the "bouncy blow-dry". Why not try my latest catwalk fave – a sleek high pony that looks sexy, playful, and emphasises cheekbones? Most hairstyles require some heat styling so be sure to protect every strand from damage. "Whether in the salon or on a photo shoot, I constantly come across over-processed hair," says Harry Josh, creative consultant for the John Frieda Collection. "The new John Frieda Frizz-Ease Heat Defeat provides an easy solution to avoid the damaging effect styling tools can have on strands."



1. John Frieda Frizz-Ease Heat Defeat Protective Styling Spray, \$17. 2. Redken Blown Away 09, \$28. 3. De Lorenzo Out Of Line Extinguish Thermal Spray, \$19.95.

## IN – Fast-acting skincareOUT – Jabs and injections

Botox and injectables, while known to quickly fix wrinkles, can be pretty daunting (and expensive) options. Thanks to scientific breakthroughs in the beauty world, younger-looking skin is just a product away. If you wake up with a dull, tired-looking complexion, you can always use something to give skin back its bounce. New formulations with concentrated ingredients get the job done quickly.

